There is no consciousness without discrimination of opposites.
—C.G. Jung.

C.G. Jung believed that all humanity shares a common heritage through the phenomenon he called the collective unconscious. This means that all experience, whether individual or collective, is influenced by age-old archetypal patterns in the psyche. The way in which these patterns are realized varies according to the culture and the personal history of the individual.

The Rainbow Serpent, through a psychological interpretation of an Australian aboriginal myth, illustrates Jung's ideas on the role of archetypes in promoting the growth of consciousness, with parallels drawn from alchemy, Gnosticism, primitive initiation rituals and modern dreams.

But this book is not only a fine explication of a powerful myth, it also explores the unconscious causes of prejudice and hostility toward those who are different from ourselves.

Opportunities for increased consciousness are never without danger. Therefore many of us cling to the secure structure of the permanent opposites—nature or technology, friend or foe, black or white. We can remain trapped in this either-or split, or we can embark on the journey that leads to the conscious acceptance and integration of the opposites. This book illustrates how the courage to entertain the opposites is the only genuine path to renewal.

Robert L. Gardner is a Jungian analyst in private practice in Toronto. He grew up in Melbourne, Australia, where he had frequent contact with Aborigines in the outback. After graduating from university with a degree in town and regional planning, he worked in Australia, England and Canada before turning to the study of psychology. He received his Diploma in Analytical Psychology from the C.G. Jung Institute in Zurich.